## March 2025

Research shows that even many of those who say they have no religious faith pray at some point in their lives. It might only be a quick 'Thank God' when things go well, or in those life changing moments which we all face, when there seems to be no way forward, the only thing left can be to turn to God for help. It is through prayer that we develop a relationship with God - as I tell wedding couples, communication is the most important thing in any relationship – and prayer is our communication with God.

Our (fairly) new Bishop of Peterborough, Bishop Debbie, has decreed that 2025 be a year when we focus on prayer across the Diocese. She writes:

At the start of this year, my prayer is that each one of us will take time over the coming months to deepen our prayer life ..... It doesn't matter what we do, the key thing is to recognise that restlessness in our hearts that can only find peace when we spend time with God. +Debbie

With this in mind our Benefice Lent Group this year will be exploring The Lord's Prayer following the Church of England's 'Pilgrim' Course. We will meet in Maidford Village Hall between 7pm and 8pm on six Monday evenings from 3<sup>rd</sup> March – 7<sup>th</sup> April inc. (I realise that 3<sup>rd</sup> March is two days before Lent begins but that enables us to fit in six sessions!). There is also a day for the whole Diocese exploring both individual prayer and prayer for others on Saturday 8<sup>th</sup> March, 10am – 2.30pm at Caroline Chisholm School for which places need to be booked. Please contact me if you would like information on either of the above or if you would like to know more about prayer.

God Bless

**Revd Sue** 

If you would like to talk please contact me on 01327 341307 stanley.thehole@btinternet.com